



Zeitgeist
Wellness Group®

“Healthy Employees, Healthy Profits”

ON-SITE MASSAGE • FITNESS & NUTRITION • SMOKING CESSATION • HEALTH ASSESSMENT • WELLNESS SEMINARS • FIRST AID & CPR

Critical Incident Stress Management

“Emotional First Aid” for Employees in Crisis

Zeitgeist Wellness Group has designed a customizable CISM program that serves your critical response needs by training Crisis Responders and by providing “emotional first aid” Critical Incident Stress Debriefing to your employees.

<p>EMS ADMINISTRATOR TRAINING</p>	<p>Provides instruction on how to refer responders for direct services or peer-to-peer support</p> <p>Resources available to 22 counties in the South Texas Regional Advisory Council (STRAC)</p>	<p>Build a program that helps your employees <i>recover</i> from a crisis situation.</p>
<p>PEER-TO-PEER CISM TRAINING</p>	<p>4-hour course on how to identify candidates for peer-to-peer counseling</p>	
<p>ONE-ON-ONE RESPONDER TRAINING</p>	<p>Sessions can be held at your office, or off-site to maintain confidentiality</p>	
<p>EMPLOYEE CRISIS COUNSELING</p>	<ul style="list-style-type: none"> • 24-48 hour emergency response • One-on-One Counseling • 1- to 4-hour sessions • 1-866-344-5517 • After hours: 210-725-0580 	

One-stop contact with Licensed Professional Staff available 24 hours to serve your critical response needs within all of STRAC’s 22 counties in Texas.

NOW YOUR EMPLOYEES CAN GET THE TRAINING AND SUPPORT THEY NEED FOR THEIR VITAL ROLES!

Call 210-271-7411